Diet Spreadsheet for all diets

Cycle Day: 1

1) Approved by								
	Regular	NAS	CCD	CCD NAS	Renal	Renal CCD		
В	Farina Scrambled Eggs Bagel & Cream Cheese	Farina Scrambled Eggs Bagel & Cream Cheese	Farina Scrambled Eggs Bagel & Cream Cheese	Farina Scrambled Eggs Bagel & Cream Cheese	Farina Scrambled Eggs Bagel & Cream Cheese	Farina Scrambled Eggs Bagel & Cream Cheese		
L	Garden Vegetable Soup Virginia Baked Ham Scalloped Potatoes Cut Green Beans Southern Banana Pudding	Garden Vegetable Soup Virginia Baked Ham Scalloped Potatoes Cut Green Beans Southern Banana Pudding	Garden Vegetable Soup Virginia Baked Ham Scalloped Potatoes Cut Green Beans Southern Banana Pudding	Garden Vegetable Soup Virginia Baked Ham Scalloped Potatoes Cut Green Beans Southern Banana Pudding	Chicken Broth Grilled Chicken Breast White Rice Cut Green Beans Vanilla Pudding	Chicken Broth Grilled Chicken Breast White Rice Cut Green Beans Diet Vanilla Pudding		
D	Garden Vegetable Soup Egg Salad Platter Italian Dressing PC Garden Salad w/Dressing Pasta Salad Mandarin Oranges	Garden Vegetable Soup Egg Salad Platter I talian Dressing PC Garden Salad w/Dressing Pasta Salad Mandarin Oranges	Garden Vegetable Soup Egg Salad Platter I talian Dressing PC Garden Salad w/Dressing Pasta Salad Mandarin Oranges	Garden Vegetable Soup Egg Salad Platter Italian Dressing PC Garden Salad w/Dressing Pasta Salad Mandarin Oranges	Chicken Broth Egg Salad Platter Garden Salad w/No Tomato Buttered Noodles Sliced Peaches	Chicken Broth Egg Salad Platter Shredded Lettuce Salad / NO Tomatoes Buttered Noodles Siliced Peaches		

	Low Potasium	Full Liquid	Lactose Free	Lactose Restricted	Gluten Restricted	Vegetarian
В	Farina Scrambled Eggs Bagel & Cream Cheese	Water Nectar	Farina Hard Boiled Eggs Bagel & Cream Cheese		Bagel & Cream Cheese	Farina Fresh Fruit Salad Bagel & Cream Cheese
L	Garden Vegetable Soup Virginia Baked Ham Scalloped Potatoes Cut Green Beans Southern Banana Pudding	Water Nectar	Garden Vegetable Soup Virginia Baked Ham Scalloped Potatoes Cut Green Beans Applesauce	Virginia Baked Ham Scalloped Potatoes Cut Green Beans	Virginia Baked Ham White Rice Cut Green Beans	Garden Vegetable Soup Hummus Platter w/Naan Bread Scalloped Potatoes Cut Green Beans Southern Banana Pudding
D	Garden Vegetable Soup Egg Salad Platter Italian Dressing PC Garden Salad w/Dressing Pasta Salad Fruit Cup	Water Nectar	Garden Vegetable Soup Egg Salad Platter I talian Dressing PC Garden Salad w/Dressing White Rice Mandarin Oranges	Egg Salad Platter Italian Dressing PC Garden Salad w/Dressing White Rice	Egg Salad Platter Italian Dressing PC Garden Salad w/Dressing White Rice	Garden Vegetable Soup Tuna Salad Plate Italian Dressing PC Garden Salad w/Dressing Pasta Salad Mandarin Oranges

1) Appr	1) Approved by								
	Vegan								
В	Bagel & Cream Cheese								
L									
D	Egg Salad Platter I talian Dressing PC Garden Salad w/Dressing Pasta Salad								

Diet Spreadsheet for all diets

Cycle Day: 2

	Regular	NAS	CCD	CCD NAS	Renal	Renal CCD
6	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
	Homestyle Pancakes	Homestyle Pancakes				
	Scrambled Eggs	Scrambled Eggs				
	Potato Leek Soup	Potato Leek Soup	Potato Leek Soup	Potato Leek Soup	Chicken Noodle Soup	Chicken Noodle Soup
	Cheeseburger on a Bun	Hamburger on Bun	Hamburger on Bun			
	Black Bean Corn Salad	Black Bean Corn Salad				
	Yogurt and Fruit	Yogurt and Fruit				
)	Potato Leek Soup Chicken Chow Mein Stir Fry Vegetables White Rice Fruit Cup	Potato Leek Soup Chicken Chow Mein Stir Fry Vegetables White Rice Fruit Cup	Potato Leek Soup Chicken Chow Mein Stir Fry Vegetables White Rice Fruit Cup	Potato Leek Soup Chicken Chow Mein Stir Fry Vegetables White Rice Fruit Cup	Chicken Noodle Soup I talian Dressing PC Garden Salad w/No Tomato Chicken Chow Mein Green Beans White Rice Fruit Cup	Chicken Noodle Soup I talian Dressing PC Chicken Chow Mein Green Beans White Rice Fruit Cup

Low Potasium	Full Liquid	Lactose Free	Lactose Restricted	Gluten Restricted	Vegetarian
Oatmeal Homestyle Pancakes Scrambled Eggs	Water Nectar	Oatmeal Homestyle Pancakes Hard Boiled Eggs	Oatmeal Homestyle Pancakes Hard Boiled Eggs	Scrambled Eggs	Oatmeal Homestyle Pancakes Fresh Fruit Salad
Potato Leek Soup Cheeseburger on a Bun Black Bean Corn Salad Yogurt and Fruit	Water Nectar	Chicken Noodle Soup Hamburger on Bun Black Bean Corn Salad Applesauce	Chicken Noodle Soup Hamburger on Bun Black Bean Corn Salad Applesauce	Hamburger on GF Bun Black Bean Corn Salad	Vegetable Broth Veggie Burger Black Bean Corn Salad Yogurt and Fruit
Potato Leek Soup Chicken Chow Mein Stir Fry Vegetables White Rice Fruit Cup	Water Nectar	Chicken Noodle Soup Chicken Chow Mein Stir Fry Vegetables White Rice Fruit Cup	Chicken Noodle Soup Chicken Chow Mein Stir Fry Vegetables White Rice Fruit Cup	Chicken Chow Mein Stir Fry Vegetables White Rice	Vegetable Broth Veggie Burger Stir Fry Vegetables White Rice Fruit Cup

1) App	1) Approved by								
	Vegan								
В									
L									
D	Chicken Chow Mein Stir Fry Vegetables White Rice								
					<u> </u>				

Diet Spreadsheet for all diets

Cycle Day: 3

	Regular	NAS	CCD	CCD NAS	Renal	Renal CCD
В	Farina Ketchup PC Sausage, Egg, and Cheese Sandwich	Farina Ketchup PC Sausage, Egg, and Cheese Sandwich	Farina Ketchup PC Sausage, Egg, and Cheese Sandwich	Farina Ketchup PC Sausage, Egg, and Cheese Sandwich	Farina Egg & Cheese Biscuit	Farina Egg & Cheese Biscuit
L	Vegetable Tortilla Chicken Cheese Quesadilla Red Beans and Rice Roasted Zucchini Strawberries & Cream	Chicken Tortilla Soup I Chicken Cheese Quesadilla Red Beans and Rice Roasted Zucchini Strawberries & Cream	Chicken Tortilla Soup I Chicken Cheese Quesadilla Red Beans and Rice Roasted Zucchini Strawberries & Cream	Chicken Tortilla Soup I Chicken Cheese Quesadilla Red Beans and Rice Roasted Zucchini Strawberries & Cream	Chicken Noodle Soup Chicken Patty Sandwich Red Beans and Rice Roasted Zucchini Strawberries & Cream	Chicken Noodle Soup Chicken Patty Sandwich Red Beans and Rice Roasted Zucchini Strawberries & Cream
D	Vegetable Tortilla Hot Dog On A Bun Sauerkraut Baked Beans Apple Pie	Chicken Tortilla Soup I Hot Dog On A Bun Sauerkraut Baked Beans Apple Pie	Chicken Tortilla Soup I Hot Dog On A Bun Sauerkraut Baked Beans Diet Apple Pie	Chicken Tortilla Soup I Hot Dog On A Bun Sauerkraut Baked Beans Diet Apple Pie	Chicken Noodle Soup Grilled Chicken Breast Sandwich White Rice Apple Pie	Chicken Noodle Soup Grilled Chicken Breast Sandwich White Rice Diet Apple Pie

	Low Potasium	Full Liquid	Lactose Free	Lactose Restricted	Gluten Restricted	Vegetarian
3	Farina Ketchup PC Sausage, Egg, and Cheese Sandwich	Water Nectar	Farina Sausage Biscuit	Farina Sausage Biscuit	33.	Farina Jelly Packet PC Buttermilk Biscuit
-	Chicken Tortilla Soup I Chicken Cheese Quesadilla Red Beans and Rice Roasted Zucchini Strawberries & Cream	Water Nectar	Chicken Tortilla Soup I Chicken Patty Sandwich Red Beans and Rice Roasted Zucchini Strawberries	Chicken Tortilla Soup I Chicken Patty Sandwich Red Beans and Rice Roasted Zucchini Strawberries	Baked Chicken Thigh Red Beans and Rice Roasted Zucchini	Vegetable Broth Vegetarian Quesadillas Red Beans and Rice Roasted Zucchini Strawberries & Cream
)	Chicken Tortilla Soup I Hot Dog On A Bun Sauerkraut Baked Beans Apple Pie	Water Nectar	Chicken Tortilla Soup I Hot Dog On A Bun Sauerkraut Baked Beans Apple Pie	Chicken Tortilla Soup I Hot Dog On A Bun Sauerkraut Baked Beans Apple Pie	Hot Dog on GF Bun Sauerkraut	Vegetable Broth Cottage Cheese & Fruit Plate Baked Beans Apple Pie

1) App) Approved by								
	Vegan								
В	Ketchup PC Sausage, Egg, and Cheese Sandwich								
L									
D	Apple Pie								

	Regular	NAS	CCD	CCD NAS	Renal	Renal CCD
3	Oatmeal Blueberry Muffins Potato & Ham Frittata	Oatmeal Ketchup PC Blueberry Muffins Scrambled Eggs	Oatmeal Ketchup PC Blueberry Muffins Scrambled Eggs			
_	Butternut Squash Soup	Butternut Squash Soup	Butternut Squash Soup	Butternut Squash Soup	Chicken Noodle Soup	Chicken Noodle Soup
	Pesto Cream Sauce w/ Penne &	Pesto Cream Sauce w/ Penne &				
	Chicken	Chicken	Chicken	Chicken	Chicken	Chicken
	Normandy Blend Vegetables	Normandy Blend Vegetables	Normandy Blend Vegetables	Normandy Blend Vegetables	Green Beans	Green Beans
	Chocolate Cake w/ Icing	Chocolate Cake w/ Icing	Chocolate Cake no I cing	Chocolate Cake no Icing	Applesauce	Applesauce
)	Butternut Squash Soup	Butternut Squash Soup	Butternut Squash Soup	Butternut Squash Soup	Chicken Noodle Soup	Chicken Noodle Soup
	Hearty Chili	Hearty Chili	Hearty Chili	Hearty Chili	Hamburger on Bun	Hamburger on Bun
	White Rice	White Rice				
	Old Fashioned Cornbread	Old Fashioned Cornbread				
	Tropical Fruit	Tropical Fruit				

	Low Potasium	Full Liquid	Lactose Free	Lactose Restricted	Gluten Restricted	Vegetarian
3	Oatmeal Blueberry Muffins Potato & Ham Frittata	Water Nectar		Ketchup PC	Toast GF Bread Potato & Ham Frittata	Oatmeal Ketchup PC Blueberry Muffins Potato & Ham Frittata
_	Butternut Squash Soup Pesto Cream Sauce w/ Penne & Chicken Normandy Blend Vegetables Chocolate Cake w/ I cing	Water Nectar	Penne Pasta w/Marinara & Chicken Normandy Blend Vegetables	Penne Pasta w/Marinara & Chicken Normandy Blend Vegetables Chocolate Cake w/ Icing	GF Penne Pasta w/Marinara & Chicken	Butternut Squash Soup Pasta Primavera Normandy Blend Vegetables Chocolate Cake w/ Icing
)	Butternut Squash Soup Hearty Chili White Rice Old Fashioned Cornbread Tropical Fruit	Water Nectar	Hearty Chili White Rice Old Fashioned Cornbread	Hearty Chili White Rice Old Fashioned Cornbread	Hearty Chili White Rice GF Toast	Butternut Squash Soup Chickpea Salad White Rice Old Fashioned Cornbread Tropical Fruit

1) App	1) Approved by								
	Vegan								
В	Blueberry Muffins Potato & Ham Frittata								
L	Butternut Squash Soup								
D	Butternut Squash Soup Chickpea Salad								

Diet Spreadsheet for all diets

1) Approved by							
	Regular	NAS	CCD	CCD NAS	Renal	Renal CCD	
В	Farina Texas French Toast Breakfast Syrup Bacon Strips	Farina Texas French Toast Breakfast Syrup Bacon Strips	Farina Texas French Toast Breakfast Syrup Diet Bacon Strips	Farina Texas French Toast Breakfast Syrup Diet Bacon Strips	Farina Texas French Toast Breakfast Syrup	Farina Texas French Toast Breakfast Syrup Diet	
L	Cream of Spinach Soup Meatballs Spaghetti w/ Marinara I talian Blend Vegetables I ce Cream	Cream of Spinach Soup Meatballs Spaghetti w/ Marinara I talian Blend Vegetables I ce Cream	Cream of Spinach Soup Meatballs Spaghetti w/ Marinara I talian Blend Vegetables Diet I ce Cream	Cream of Spinach Soup Meatballs Spaghetti w/ Marinara I talian Blend Vegetables Diet I ce Cream	Cream of Spinach Soup Meatballs Spaghetti W/Alfredo I talian Blend Vegetables Applesauce	Cream of Spinach Soup Meatballs Spaghetti W/Alfredo I talian Blend Vegetables Applesauce	
D	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler	

1) Appr	1) Approved by							
	Low Potasium	Full Liquid	Lactose Free	Lactose Restricted	Gluten Restricted	Vegetarian		
В	Farina Texas French Toast Breakfast Syrup	Water Nectar			Breakfast Syrup GF Toast	Farina Homestyle Pancakes Breakfast Syrup Toast		
L	Cream of Spinach Soup Meatballs Spaghetti w/ Marinara I talian Blend Vegetables I ce Cream	Water Nectar	Vegetable Broth Meatballs Spaghetti w/ Marinara I talian Blend Vegetables Applesauce	Meatballs	Baked Chicken Thigh Spaghetti w/ Marinara Italian Blend Vegetables	Cream of Spinach Soup Cottage Cheese & Fruit Plate Spaghetti w/ Marinara I talian Blend Vegetables I ce Cream		
D	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler	Water Nectar	Vegetable Broth White Pizza Sliced Turkey Sandwich on White Cucumber Salad Peach Cobbler	White Pizza Sliced Turkey Sandwich on White	White Pizza Cucumber Salad	Cream of Spinach Soup White Pizza Cucumber Salad Peach Cobbler		

1) App	1) Approved by							
	Vegan							
В								
L	Cream of Spinach Soup							
D	Cream of Spinach Soup White Pizza							

Diet Spreadsheet for all diets

1) Approved by							
	Regular	NAS	CCD	CCD NAS	Renal	Renal CCD	
В	Oatmeal Cheese Omelet Croissant & Margarine	Oatmeal Scrambled Eggs Croissant & Margarine	Oatmeal Scrambled Eggs Croissant & Margarine				
L	New England Clam Chowder Oven Fried Cod Rice Pilaf Steamed Broccoli Butterscotch Pudding w/Topping	New England Clam Chowder Oven Fried Cod Rice Pilaf Steamed Broccoli Butterscotch Pudding w/Topping	New England Clam Chowder Oven Fried Cod Rice Pilaf Steamed Broccoli Butterscotch Pudding w/Topping	New England Clam Chowder Oven Fried Cod Rice Pilaf S teamed Broccoli Butterscotch Pudding w/Topping	Chicken Noodle Soup Baked Fish White Rice Peas & Carrots Vanilla Pudding	Chicken Noodle Soup Baked Fish White Rice Peas & Carrots Diet Vanilla Pudding	
D	New England Clam Chowder Stuffed Shells w/Alfredo Cut Green Beans Angel Food Cake	New England Clam Chowder Stuffed Shells w/Alfredo Cut Green Beans Garlic Knot Angel Food Cake	New England Clam Chowder Stuffed Shells w/Alfredo Cut Green Beans Garlic Knot Angel Food Cake	New England Clam Chowder Stuffed Shells w/Alfredo Cut Green Beans Garlic Knot Angel Food Cake	Chicken Noodle Soup Stuffed Shells w/Alfredo Cut Green Beans Garlic Knot Angel Food Cake	Chicken Noodle Soup Stuffed Shells w/Alfredo Cut Green Beans Garlic Knot Angel Food Cake	

	Low Potasium	Full Liquid	Lactose Free	Lactose Restricted	Gluten Restricted	Vegetarian
В	Oatmeal Cheese Omelet Croissant & Margarine	Water Nectar	Oatmeal Hard Boiled Egg Croissant & Margarine	Oatmeal Hard Boiled Egg Croissant & Margarine	Cheese Omelet Toast GF Bread	Oatmeal Fresh Fruit Salad Croissant & Margarine
L	New England Clam Chowder Oven Fried Cod Rice Pilaf Steamed Broccoli Butterscotch Pudding w/Topping	Water Nectar	Chicken Noodle Soup Oven Fried Cod Rice Pilaf Steamed Broccoli Butterscotch Pudding w/Topping	Chicken Noodle Soup Oven Fried Cod Rice Pilaf Steamed Broccoli Butterscotch Pudding w/Topping	Rice Pilaf Steamed Broccoli	Vegetable Broth Oven Fried Cod Rice Pilaf Steamed Broccoli Butterscotch Pudding w/Topping
D	New England Clam Chowder Stuffed Shells w/Alfredo Cut Green Beans Garlic Knot Angel Food Cake	Water Nectar	Chicken Noodle Soup Penne Pasta w/Marinara Cut Green Beans Garlic Knot Angel Food Cake	Chicken Noodle Soup Penne Pasta w/Marinara Cut Green Beans Garlic Knot Angel Food Cake	Cut Green Beans Toast GF Bread	Vegetable Broth Stuffed Shells w/Alfredo Cut Green Beans Garlic Knot Angel Food Cake

	Vegan						
В							
L							
D							

Diet Spreadsheet for all diets

Cycle Day: 7

1) Approved by							
	Regular	NAS	CCD	CCD NAS	Renal	Renal CCD	
В	Farina	Farina	Farina	Farina	Farina	Farina	
	Waffles	Waffles	Waffles	Waffles	Waffles	Waffles	
	Breakfast Syrup	Breakfast Syrup	Breakfast Syrup Diet	Breakfast Syrup Diet	Breakfast Syrup	Breakfast Syrup Diet	
	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
L	Garden Vegetable Soup	Garden Vegetable Soup	Garden Vegetable Soup	Garden Vegetable Soup	Chicken Broth	Chicken Broth	
	Chicken Cordon Blue Sandwich	Chicken Patty Sandwich	Chicken Patty Sandwich				
	Creamy Coleslaw	Creamy Coleslaw	Creamy Coleslaw	Creamy Coleslaw	Creamy Coleslaw	Creamy Coleslaw	
	Banana Cream Pie	Banana Cream Pie	Diet Vanilla Pudding	Diet Vanilla Pudding	Vanilla Pudding	Diet Vanilla Pudding	
D	Garden Vegetable Soup	Garden Vegetable Soup	Garden Vegetable Soup	Garden Vegetable Soup	Chicken Broth	Chicken Broth	
	Sloppy Joe	Sloppy Joe	Sloppy Joe	Sloppy Joe	Baked Chicken Quarters	Baked Chicken Thigh	
	Sweet Potato Fries	Sweet Potato Fries	Sweet Potato Fries	Sweet Potato Fries	Sweet Potato Fries	Sweet Potato Fries	
	Tapioca Pudding	Tapioca Pudding	Tapioca Pudding	Tapioca Pudding	Tapioca Pudding	Tapioca Pudding	

1) Approved by

	Low Potasium	Full Liquid	Lactose Free	Lactose Restricted	Gluten Restricted	Vegetarian
В	Farina Waffles Breakfast Syrup Scrambled Eggs	Water Nectar	Farina Waffles Breakfast Syrup Hard Boiled Eggs	Waffles	Scrambled Eggs	Farina Waffles Breakfast Syrup Fresh Fruit Salad
L	Garden Vegetable Soup Chicken Cordon Blue Sandwich Creamy Coleslaw Banana Cream Pie	Water Nectar	Garden Vegetable Soup Grilled Chicken Breast Sandwich Garden Salad w/Dressing Applesauce	5	Baked Chicken Thigh Creamy Coleslaw	Garden Vegetable Soup Veggie Burger Creamy Coleslaw Banana Cream Pie
D	Garden Vegetable Soup Sloppy Joe Sweet Potato Fries Tapioca Pudding	Water Nectar	Garden Vegetable Soup Sloppy Joe Sweet Potato Fries Applesauce	Sloppy Joe	Sloppy Joe On GF Bun Sweet Potato Fries	Garden Vegetable Soup Hummus Platter w/Naan Bread Sweet Potato Fries Tapioca Pudding

1) Appr	1) Approved by							
	Vegan							
В								
L	Garden Vegetable Soup							
D	Garden Vegetable Soup							